

*Saint John Paul II*

**DIVINE MERCY DEVOTION &  
NOVENA PRAYERS FOR HEALING**



**SAINT  
JOHN PAUL II  
— SOCIETY —**

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## SAINT JOHN PAUL II, THE GREAT MERCY POPE

When Pope John Paul II canonized Sister Maria Faustina Kowalska, a Polish nun to whom Christ appeared emphasizing the message of His Divine Mercy, he entrusted the whole world to God's Divine Mercy. On that same day he established the Sunday after Easter as "Divine Mercy Sunday" and he stated, "This is the happiest day of my life."



As our Holy Father, Saint John Paul II often wrote and spoke about the need for all people to turn to the mercy of God as the answer to the overwhelming problems of our times. He died on April 2, 2005, which, that year, was the Vigil of the Feast of The Divine Mercy.

## THE CHAPLET OF DIVINE MERCY



The Chaplet of Divine Mercy is prayed either on the beads of a regular Rosary or on a special Divine Mercy Chaplet. If possible, it is most appropriate to pray it at three o'clock in the afternoon, which Christ revealed to Sister Faustina as the “Hour of Great Mercy” for the whole world.

When Christ appeared to Sister Faustina, He said to her: “I desire to grant unimaginable graces to those souls who trust in My mercy. Encourage souls to pray the chaplet I have given to you. It pleases Me to grant everything they ask of Me by praying the Chaplet. When hardened sinners pray it, I will fill their souls with peace, and the hour of their death will be a happy one. . . . I delight particularly in a soul which has placed its trust in My goodness.”

*Diary of Sister Faustina, 1541*

## HOW TO PRAY THE CHAPLET OF DIVINE MERCY

*Optional Opening Prayers:*

**You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself upon us.**

*(Repeat three times)* **O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!**

**Our Father, Hail Mary and the Apostles Creed**

**For each of the five decades –  
On each “Our Father” bead of the  
Rosary, pray:**

**Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our**

**sins and those of the whole world.**

*On each of the ten “Hail Mary” beads, pray:*

**For the sake of His sorrowful Passion, have mercy on us and on the whole world.**



**Concluding Prayer – Repeat three times:**

**Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.**

*Optional Closing Prayer:*

**Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.**

## **A PRAYER FOR DIVINE MERCY**

O greatly merciful God, You who are infinite goodness, today all humanity cries out from the depths of our misery to Your mercy, to Your compassion, O God.

Gracious God, do not reject the prayers of this earth's exiles!

O Lord, You are goodness beyond our understanding and You know well our pain and suffering. Because by our own power we cannot ascend to You, we implore You, bless us in abundance with Your grace, and increase Your mercy in us, so that we may faithfully do Your holy will throughout our life and at death's hour.

Let the greatness of Your mercy shield us from the powers of our salvation's enemies, that we may with confidence, as Your humble children, await Your final coming – that day



known to You alone. And we expect to obtain everything promised us by Jesus in spite of all our weakness and misery.

For Jesus is our Hope, and through His merciful Heart, as through an open gate, may we pass to eternal life with You in Heaven. Amen.

*Adapted from the Diary of  
Sister Faustina, 1570*





# HEALING NOVENA FOR THE INTERCESSION OF SAINT JOHN PAUL II

Opening Prayer each day:

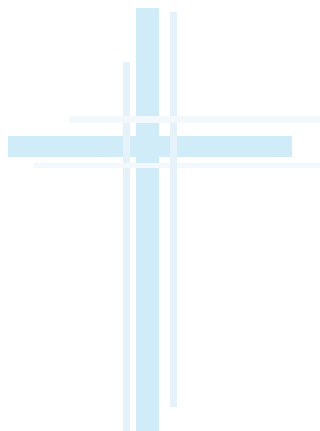
Merciful God, I pray with thanks and gratitude for the great spiritual gift of Saint John Paul II's apostolic life and mission. Through his heavenly intercession, please grant the following petition(s) . . .

*Here state your request(s).*

Grant also that I may grow in love for You and proclaim boldly the love of Jesus Christ to all people. Through Christ, Our Lord. Amen.

*“Through prayer  
we come to share  
more deeply in God's life  
and in His love.”*

Saint John Paul II



# NOVENA PRAYER

## *for Healing*

### (DAY 1)

Dear Saint John Paul, you preached: “The future starts today, not tomorrow.” As I start these nine days of prayer with you, I thank you for reminding me that with God’s help, I can begin again, but I need to start now, not at some distant point in the future. Your words are encouraging and inspiring to me. Please be with me as I progress through these nine days of prayer with you.

Dear Lord, You are the greatest Healer. You gave Saint John Paul II to the entire world to show us how much You love us. With Your mighty power and through his intercession, we seek healing, not just of our physical body but our

emotional, mental, social and spiritual health as well. In keeping with Your greatest commandment, we will love You with all our heart, with all our mind, with all our soul and with all our strength. We will also love our neighbor as we love ourselves. Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“Only God loves us perfectly, with an everlasting love. In prayer, we open our hearts and our minds to this God of love.”*

Saint John Paul II



**NOVENA PRAYER**  
*for Healing*  
(DAY 2)

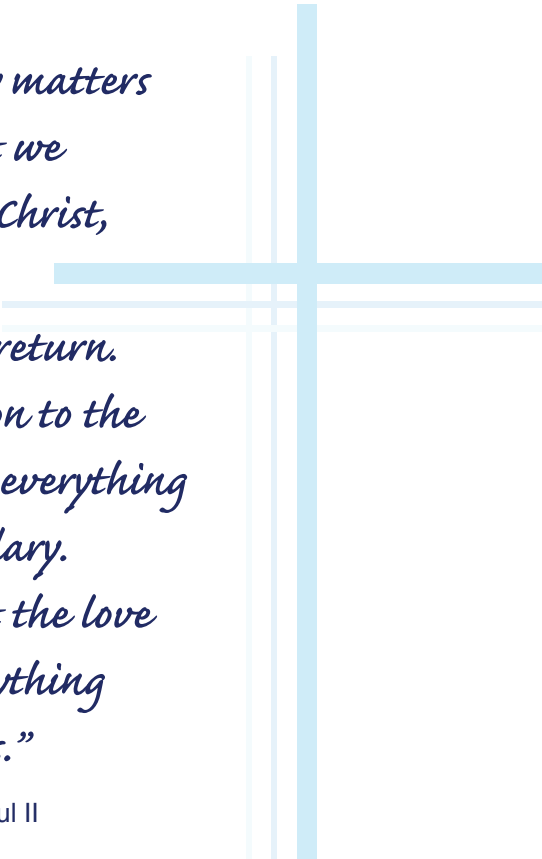
Dear Saint John Paul, you preached: “I plead with you, never, ever give up on hope. Never doubt, never tire, and never become discouraged. Be not afraid.” With your help, I will not give up hope. I will be trusting, confident, persistent and unafraid in prayer.

God, our Father, grant us the peace we seek when confronted with different obstacles each day. Guide us so we won't falter in our steps. May peace always reign in our hearts even if there is fear that we might fall flat on our face.

We will not be anxious, but will have faith that is unwavering like that of Saint John Paul II. We will do

whatever is true, honorable, just, pure, lovely and gracious in Your eyes, so that Your peace may abide in our hearts always. Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.



*“What really matters in life is that we are loved by Christ, and that we love Him in return. In comparison to the love of Jesus, everything else is secondary. And without the love of Jesus, everything else is useless.”*

Saint John Paul II

**NOVENA PRAYER**  
*for Healing*  
**(DAY 3)**

Dear Saint John Paul, you preached:  
“Have no fear of moving into the unknown. Simply step out fearlessly knowing that I am with you and therefore no harm can befall you. All is very, very well. Do this in complete faith and confidence.”

What more can I say, but thank you for your confidence in me. Help me to have complete faith in God. Stand with me at all times as my intercessor and spiritual guide until I attain the great treasure of Heaven.

Dear Jesus, Son of the living God, we rejoice because we believe that through the intercession of Saint

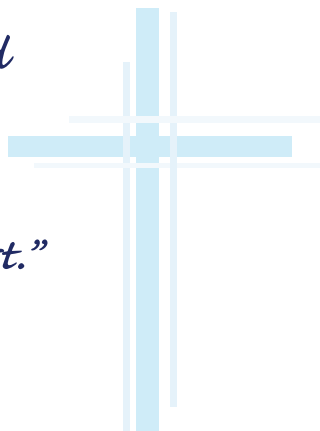
John Paul II, our healing is near at hand. We are joyful in our ways and our speech for we know that You will always comfort us as a mother comforts her children.

We thank you for the joy You've given us when You were born into our world, because You became one of us in all things but sin. You endured tremendous suffering for our sake, so that we will be saved from our sins. Turn our mourning into rejoicing because of Your resurrection from the dead. Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“Only in Christ do we find real love, and the fullness of life. And so I invite you to look to Christ.”*

Saint John Paul II



# NOVENA PRAYER

## *for Healing*

### (DAY 4)

Dear Saint John Paul, just like St. Paul the Apostle who described his journey as a race, you tell me that life with Jesus is a wonderful adventure. Life is not a sprint for me, but rather a winding marathon with its curves and its ups and downs. Help me by being with me at all times as I struggle in this race toward the fullness of life in Christ.

God the Holy Spirit,  
grant us wisdom  
and knowledge as we  
wait patiently for the  
healing You promised.  
May our families be  
blessed with patience  
in helping us cope with  
illness and other problems.





During his lifetime, Saint John Paul was a living testimony of how much God loves us through his patience in dealing with every religious or political leader around the world, as well as with the severe sicknesses that afflicted him. We believe that as long as love reigns in our hearts each day, we will be healed, for “Love is patient and kind.” Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“It is Jesus you  
seek when you  
dream of happiness.  
He is waiting for you  
when nothing else  
you find satisfies you.”*

Saint John Paul II

**NOVENA PRAYER**  
*for Healing*  
**(DAY 5)**

Dear Saint John Paul, you preached:  
“Do not abandon yourselves to  
despair. We are the Easter people  
and Hallelujah is our song.”

Help me to be joyful in this  
wonderful adventure of life. Help  
me always to have true Christian joy  
in my heart, mind and spirit. Help  
me always to be faithful to the Will  
of God in my life.

Through God’s loving grace and  
kindness, we have been blessed  
with the great kindness shown  
by the people who take care of  
us, like our family, friends,  
relatives, caregivers, physicians,  
rehabilitation specialists,  
nutritionists and spiritual advisers.

**Saint John Paul II manifested incredible love, kindness and forgiveness to the man who tried to assassinate him. We believe that we will be healed if we forgive those who have wronged us, and if we extend a helping hand to our least sisters and brothers living in distress, poverty and need. Amen.**

Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“Remember  
that you are  
never alone.  
Christ is with you  
on your journey  
every day of your lives!”*

Saint John Paul II



# NOVENA PRAYER

## *for Healing*

### (DAY 6)

Dear Saint John Paul, you preached: “Love your families. Teach them the dignity of life. Teach them the ways of harmony and peace. Teach them the value of faith and prayer and goodness! Help transform the world around you by giving the best of yourselves in the service of others and your country.”

Just as Christ taught us, you preached and live the Golden Rule: “Do unto others as you would have them do to you.” How simple it is to hear this, but how incredibly difficult, at times, to do this. Be with me, and help me see God in my neighbor and in all those I find difficult to love or accept.

Dear Lord, throughout my lifetime, I have been taught to be a good person and to be a blessing to others. To be good is not just to follow the rules, but more so, to follow You and obey Your commandments. May I bring harmony and peace to others, and spread Your good news to my family, my friends, my community and my country.

Saint John Paul II made Your goodness known throughout the world by welcoming and embracing everyone who sought Your presence, regardless of age, gender or creed. Through Your goodness and mercy, we will receive the healing we seek through the intercession of Saint John Paul II. Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.



# NOVENA PRAYER

## *for Healing*

### (DAY 7)

Dear Saint John Paul, you preached: “The goal and target of our life is He, the Christ who awaits us – each one singly and all together – to lead us across the boundaries of time to the eternal embrace of the God who loves us.”

Help me, dear Saint John Paul, to remember that life with God is the highest and greatest of all goals. In every moment of my life, help me to be focused on my relationship with Christ, so that when my earthly journey ends, my eternal life with Jesus will begin.

God the Father, in humility we offer our lives to You in the service of others. May we be like Saint John

Paul II in proclaiming our faith and trust in You, so we will be blessed and can fulfill our Christian vocation. It is through our weakness and illness that You have touched our lives, and we now seek Your goodness and mercy to be healed. Amen.



Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“To believe in Jesus is to accept what He says, even when it runs contrary to what others are saying.”*

Saint John Paul II

# NOVENA PRAYER

## *for Healing*

### (DAY 8)

Dear Saint John Paul, you preached: “People are made for happiness. Rightly, then, you thirst for happiness. Christ has the answer to this desire of yours. But He asks you to trust Him.

True joy is a victory, something which cannot be obtained without a long and difficult struggle. Christ holds the secret of this victory. . . In order to sing God’s praises we must re-learn the language of humility and trust, the language of moral integrity and of sincere commitment to all that is truly good in the sight of the Lord.”

Once again, in simple words, you teach us that nothing is more important than life with Christ.



Lord, Jesus Christ, grant me the gift of a humble heart so that I can respond to Your call to take up the Cross and follow You each day as Your disciple. I will strive to preserve the unity in my household through my actions of peace and understanding. Through the intercession of Saint John Paul II, please grant me the gift of healing that I earnestly implore. Amen.

Conclude with the Our Father, Hail Mary, and Glory Be prayers.

*“If you really wish to follow Christ, if you want your love for Him to grow and last, then you must be faithful to prayer.”*

Saint John Paul II

# NOVENA PRAYER

## *for Healing*

### (DAY 9)

Dear Saint John Paul, the surest, straightest road to Christ is through His Holy Mother. When I am lost and confused in life, lead me to place myself before Our Blessed Mother, asking her to rescue me to faithfully live the spiritual path that leads to her Divine Son. Teach me to have in my heart the same great love you had for our Blessed Mother.

Dear Lord, You are the Greatest Healer. Everything I have comes from You: my life, my health, my family, my friends, my possessions and all that truly matters. I surrender them all to You as I search for meaning and purpose in all that is happening to me. I claim complete healing of my mind, body, heart and soul. I claim healing for those who are suffering

and are lost. I claim healing for my family. I claim financial blessings so I can be a blessing to others. Grant me the patience to confidently accept Your answer to my prayers, whether it be yes, no or wait. All I ask I place before You in Jesus' name. Amen.

God, the Holy Spirit, help us to be models of good deeds in every respect by being temperate, dignified, self-controlled and sound in faith, love and charity.

May we control our temper and hold our tongue, especially when we grow impatient and are in pain. May we be like Saint John Paul II who was an outstanding model of self-control, dignity and unwavering faith. Amen.

Conclude with the  
Our Father, Hail Mary,  
and Glory Be prayers.

**End of the Novena**



## **JESUS, I TRUST IN YOU!**

May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope, and heal despair.

Jesus, I trust in You!

With God nothing is impossible!

What is especially possible is conversion, which can change hatred into love and war into peace.

And so our prayer becomes all the more insistent and trusting:  
Jesus,  
I trust  
in You!  
Amen.

